



The Relational Life Skills Workshop™

November 12-14, 2008

3 days — 10:00 am to 5:00 pm daily

Candlewood Suites • 10535 El Diente Court • Englewood, CO 80112

Why Improve “Relational IQ?”

The world was quite different for our parents and grandparents. They needed marriage to help them survive the hardships of war, depression, dislocation and disease. Tradition helped to keep them together. People expected marriages to stay intact.

In the 21st century, the rules have changed. Relationships are limping along or falling apart because the skills of connection were never taught. Learning the skill and savvy of communication, mindfulness, and the practice of intimacy are the only bonds which hold relationships together. New skills are critical, not only to keep us together, but to awaken us to a world where love can flourish. In this dynamic workshop Terry Real and faculty from the Relational Life Institute will teach participants a new set of instructions for 21st century relationships.

Who Should Attend?

Couples, individuals and therapists who wish to learn and practice the Relational Life Model™

What Will I Learn?

All participants will:

- ▷ Identify personal areas of relationship dysfunction including the Five Losing Strategies™
- ▷ Learn and practice the Five Winning Strategies™
- ▷ Learn and practice healthy listening and responding skills
- ▷ Learn how to identify their CNI's or “Core Negative Image”™ of their partner and what to do about it

Therapists will learn:

- ▷ The skills necessary to teach couples how to assess losing strategies and how to move to the winning strategies
- ▷ How to teach the practice of self esteem and to use protective/containing boundaries to be connected and protected in relationships
- ▷ How to give women the tools of relational empowerment and men the tools of relational reawakening, so that women can be lovingly assertive and men can learn to open up and show up

How Can I Register?

Please visit www.realrelational.com or call our Customer Service Line 877-REAL-414.

Suggested overnight accommodations: Candlewood Suites: 303-858-9900

Schedule

10:00 am to 5:00 pm each day

What is the Cost?

Couples \$1500, Individuals \$800